

Dr. Ary Krau

Bay Harbor Islands (Miami), Florida

ASK DR. KRAU

WHAT ARE SOME OF THE BEAUTIFYING PROCEDURES YOU OFFER?

I spend my days beautifying patients with procedures such as breast surgeries, body contouring, rhinoplasty and facial rejuvenation. Passionate about the services I offer, I have tremendous experience with each.

HOW IMPORTANT ARE RELIABILITY AND CONSISTENCY TO YOU?

They're integral to my approach. Whether a patient requests a tummy tuck, rhinoplasty, breast surgery or facelift, for example, my practice is equipped to provide the quality signature results I have repeatedly delivered over the past two decades.

HOW DO YOUR BREAST LIFTS DIFFER FROM THE TRADITIONAL TECHNIQUE?

Traditionally, surgeons have relied on the skin to support the breast after a lift. However, I've learned that if you rely on the skin alone and put too much tension on it, it will stretch causing you to have a droopy shape again, not to mention scarring. Instead, I rely on the internal structure of the breast for support, providing more strength and hold, leaving minimal tension on the skin, and most importantly resulting in less scarring.

A nose that fits you

"Rhinoplasty is one of my favorite operations," says Dr. Krau. "While the nose is relatively small, it is complex in terms of interrelated structures, making rhinoplasty a technically challenging procedure. Achieving predictable results comes with a strong understanding and years of experience." With both to his credit, Dr. Krau's rhinoplasty practice has grown dramatically. "There is something very special about achieving a noteworthy result. The nose should complement the rest of the facial anatomy, without looking like it was altered through surgery." Dr. Krau frequently calls upon the use of 3-D computer imaging software, showing patients how their nose could be improved with a full-study analysis. "I find it to be a very powerful communication tool. Although surgery cannot be 100 percent predictable, I certainly strive to make every operation as exact to what we predict on the computer, hence the importance of detailed pre-surgical preparation. I always aim for perfection."



BREAST LIFT

DO ALL BREAST LIFTS RESULT IN SCARRING?

While most traditional lifts are done with anchor incisions, my technique—a vertical mammoplasty and augmentation—does not require a long horizontal incision, leaving patients with one less scar.

“plastic surgery should never look plastic”

A TRUE LEADER, BOARD CERTIFIED, IN PRACTICE SINCE 1995 AND AMONG A SELECT GROUP OF SURGEONS TO PARTICIPATE IN THE MENTOR LEAD PHYSICIAN ADVISORY BOARD—AS PART OF THE LEADERSHIP EXPERIENCE DEVELOPMENT IN BREAST AUGMENTATION—FOR THE PAST TWO YEARS, DR. ARY KRAU IS A GRADUATE OF NEW YORK UNIVERSITY SCHOOL OF MEDICINE, AND IS A MEMBER OF THE AMERICAN SOCIETY OF PLASTIC SURGEONS AS WELL AS THE AMERICAN SOCIETY FOR AESTHETIC PLASTIC SURGERY. COMMITTED TO DELIVERING IMPRESSIVE AND CONSISTENT RESULTS IN AN ENVIRONMENT WHERE SAFETY COMES FIRST, DR. KRAU IS DEDICATED TO LEADERSHIP AND DEVELOPMENT, ESPECIALLY WHEN IT COMES TO BREAST-RELATED PROCEDURES.

MEET THE EXPERT

Dr. Ary Krau

American Board of Plastic Surgery

SERVICES OFFERED

Breast Augmentation,  
Lift and Reduction  
Reconstructive Surgery  
Facelift, Browlift and  
Eyelid Surgery  
Rhinoplasty  
Tummy Tucks  
Facial Implants  
Liposuction  
Arm Lift, Thigh Lift  
Fat Transfer  
Gluteal Implants  
Prominent Ear Correction  
Injectables  
Lasers/Fraxel®

ABOUT DR. KRAU

HOW DO YOU ENSURE PATIENT SAFETY?

My office features a state-of-the-art, fully accredited operating room—staffed by a highly trained team, including a board-certified anesthesiologist—in addition to an overnight recovery suite for optimal patient safety and comfort.

IN WHAT WAYS ARE YOU A PERFECTIONIST?

I am always striving to improve my results. I am probably more demanding than most of my patients.


WHAT AFFILIATIONS ARE YOU ASSOCIATED WITH?

In addition to being a Diplomate of the American Society of Plastic Surgeons and a Fellow of the American College of Surgeons, I am also a member of the American Society for Aesthetic Plastic Surgery and Greater Miami Society of Plastic and Reconstructive Surgeons.

MEDICAL DEGREE  
New York University  
School of Medicine

LOCATION  
Bay Harbor Islands (Miami), Florida

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 To learn more about the practice visit  
[arykraumd.com](http://arykraumd.com)