



SKIN REJUVENATION INFORMATION

Skin rejuvenation improves or reduces the appearance of telangiectasia, spider veins, angiomas, age spots, freckles, uneven pigmentation, non-dynamic fine lines, enlarged pore size, and textural irregularity. We recommend 5-6 treatments every 3-4 weeks. Maintenance as prescribed by your clinician. Treatment duration is 30 minutes to 1 hour. Skin rejuvenation may be combined with skin tightening and wrinkle reduction in the same treatment session.

PRE-TREATMENT INTRUCTIONS:

- Avoid skin irritation or skin tanning. Apply sunscreen (UVA/UVB SPF 30 or higher) when outdoors.
- Discontinue any irritant topical agents 3-7 days prior to treatment.
- On the day of treatment, do not use lotion, make-up, perfume, powder, bath/shower oil in the area to be treated.

POST-TREATMENT INTRUCTIONS:

- Use sunblock (UVA/UVB SPF 30 or higher) and avoid sun tanning in treated areas. No tanning.
- Some redness and swelling in treatment area is expected. Use cold compress to reduce symptoms.
- Avoid chemical or mechanical irritants 3-7 days after treatment.
- Wash gently and do not use abrasive products in treated areas for 3 days.
- Do not take a hot bath, sauna, hot tub, or expose treated area to heat for 3 days.
- If scabbing or crusting occurs. Do not scratch or remove.
- Fillers or other injectables should not be done within 1-2 weeks before and after skin rejuvenation treatment.

Possible side effects:

- Temporary discomfort or pain during treatment
- May feel warmth or tingling
- Temporary redness and swelling in treatment area
- Superficial crusting, scabbing, blistering in treatment area
- Temporary “darkening” of pigmented lesions before becoming lighter
- Temporary or permanent (very rare) discoloration

If you have additional questions prior to or after your treatment, please call our office.

