

## Soft Tissue Fillers for the Face & Lips

Interested in some enhancements of your face - but not ready for surgery yet? Plastic surgeons have found ways to use Soft Tissue Fillers (Restylane, Juvederm, and Voluma) as a conservative, non-surgical approach to enhance different areas of the face.

The most common areas patients like to see improvement include the lips and the deep wrinkles of the face - such as the nasolabial folds.

Soft tissue fillers can be injected in the lips, as pictured, to enhance the fullness of the lips and/or soften fine lines around the border of the lips.

They can also be used to soften the folds along the mouth called the nasolabial folds (the lines extending from the side of the nose to the corner of the mouth) and marionette lines (the lines from the corner of the mouth to the jawline). Most fillers last between 6 to 18 months and create a soft, natural appearance to the areas treated. All are injected in our office with minimal pain and bruising.

Fillers to Nasolabial Folds





Before

Fillers to Lips





Before

After

#### Fillers to Nasolabial Folds, Marionette Lines & Lips





Before

After

Scan the code to visit our website!

### RHINOPLASTY

Do you wish your nose looked different - not happy with shape, size or tip of your nose? Having trouble breathing? Were you born this way, or was it caused by a traumatic event? Some breathing difficulties are attributed to structural nasal abnormalities and a portion of the surgical costs may be covered by insurance.

Rhinoplasty is the reshaping of the cartilage and bones of the nose to create a better functioning and often a more cosmetically acceptable appearance. Some individuals are born with structural abnormalities such as a cleft lip, while others can be the result of a trauma. Irrespective of the cause, a rhinoplasty can be performed to address these symptoms.

Common elements of the nasal appearance improved during surgery include – wide tip, dorsal hump, spreading of the nose. In more severe cases, modifications to the shape of the nose can be performed using your own body parts – cartilage from the ear or ribs. Our imaging technology can digitally change your facial features so that you may visualize your desired outcome.





# DO YOU HAVE A CONSTANT "RED FACE"? IS IT ROSACEA?

Rosacea is a common skin condition that causes blushing or flushing of the skin of the face. It often results in an increase in visibility of the blood vessels of your face – sometimes called "Red Face". This occurs in both men and women. The exact cause of rosacea is unknown but many think that it is related to genes, stress, diet, and environment. The good news is that we have a treatment that reduces the intense redness of the facial skin.

Broad Band Laser (BBL) is great for lightening the redness associated with rosacea. It doesn't "cure" rosacea but significantly reduces the red appearance of the skin. Laser treatments are performed as an outpatient with minimal discomfort. Please call the office and ask for an appointment with Melissa Dunlop, RN, & Expert Laser Technician.



Before Laser Treatment of Rosacea



After Laser Treatment of Rosacea and Upper Lid Blepharoplasty



What You Need to Know

We want to keep our patients informed of all changes associated with your health care. Recently the FDA required changes to strengthen communication between surgeons and prospective patients regarding breast implants.

This is to help patients who are considering undergoing breast implant procedures in making informed decisions while also improving patient safety.

# FDA ISSUES NEW LABELING & CONSENT REQUIREMENTS FOR BREAST IMPLANTS

The purpose of the changes are to make sure that patients are provided with adequate risk information, allowing them to make fully-informed decisions about such procedures.

The changes include a new patient decision checklist. The checklist includes new breast implant labeling and must be reviewed with the prospective patient to ensure that he/she understands the risks, benefits, and other important information about breast implants. This checklist must also be initialed and signed by both the patient as well as the physician who will be implanting the device. You will also be given updated silicone gel-filled breast implant

rupture screening recommendations, a device description listing specific materials used in the device. In addition, the FDA has released updated information on the status of breast implant manufacturer post-approval studies. By releasing this information, the organization hopes (once again) to aid patients in understanding the risks and benefits of breast implants and help them make better-informed decisions about their health.

This information is meant to inform and we will discuss our practice's experience with the treatment of breast implant patients at the time of your visit.

## **Hand Surgery**

Did you know that plastic surgeons are also well versed and well trained in hand surgery? We spend over 30% of our training learning the intricacies of hand surgery and better, safer approaches to treating conditions such as syndactyly.

Syndactyly, in most cases, is a condition in which the fingers on the hand are joined side-by-side by skin or bone and often times is referred to as "webbed" digits. We are able to treat syndactyly with outpatient surgery to separate the joined fingers.

If you feel your child has syndactyly, give our office a call for an in-person consultation today!



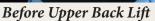
Before After

Syndactyly Reconstruction

### **UPPER BACK LIFT**

Some patients develop excess skin on the back and under the arms beside the breasts. This is usually due to significant weight loss or the natural reduction in elasticity that some people experience as they mature. To address this excess skin, we do an UPPER BACK LIFT. We remove skin from the upper back and lift up the lower back skin as much as possible. The scar is hidden in the bra line.







After Upper Back Lift

This operation is done as an outpatient. We often inject Exparel (an extended-release pain reliever) to help manage discomfort.

This operation is frequently done in conjunction with other surgeries such as breast augmentation, breast lift, and arm lift or tuck.



Before Upper Back Lift



After Upper Back Lift



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#### Office Locations



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