

FEEL BETTER ABOUT YOURSELF

SAVANNAH COSMETIC & PLASTIC SURGERY SPECIALISTS

Summer 2022

Richard J. Greco, M.D. • William H. Dascombe, M.D. • John D. Paletta, M.D. • Thomas W. Horn, M.D. • W. Joseph Campbell, M.D. • Patrick J. Buchanan, M.D.

Blepharoplasty

As we age, there are many early signs of aging. Wrinkles around our eyes, deeper nasal labial folds and excess skin of the upper and lower eyelids. People often tell them they look tired. When they look in the mirror, they see droopy upper eyelids and baggy lower lids.

Eyelid surgery, medically referred to as blepharoplasty, includes the reduction of excess fat and sagging skin around the eyes. This may go hand in hand with the correction of dark circles or shadows under the eyes. It also offers the patients

a smoother, more rested, and youthful appearance around the eyes. In addition, the removal of excess skin/fat hanging over the upper eyelid can improve their visual obstruction.

These procedures can be performed under intravenous sedation. Head elevation and cold compresses help with the swelling and bruising. Minimal pain medication is sometimes needed. While every individual heals at different rates, one is able to perform desk work in 3 to 5 days and resume normal activities in 7 to 10 days.



Before



After

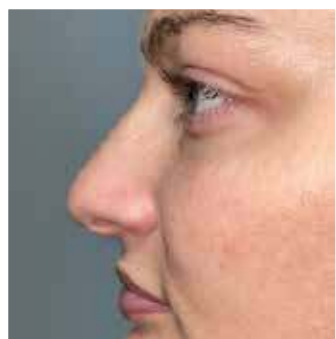


Before

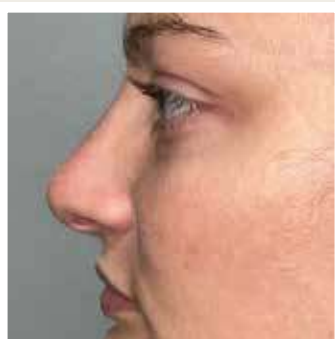


After

Liquid Rhinoplasty



Before



After

1/2 SYRINGE OF JUVÉDERM® Ultra Plus XC filler used

Liquid rhinoplasty can be an attractive option for patients who feel their noses may benefit from augmentation in certain areas. Those with low nasal bridges and/or poorly defined nasal tips can often be helped with this non-surgical procedure available from our experienced plastic surgeons.

Noses with irregular surfaces or crookedness can also be improved with a liquid rhinoplasty.

Liquid rhinoplasty is a procedure that can be performed in the office and involves the use of injectable dermal fillers to augment the nose where needed. The fillers are injected into the targeted areas of the nose in a procedure that is generally accomplished with minimal discomfort. There is typically no need for anesthesia.

The effects of liquid rhinoplasty last a variable amount of time. Generally, improvement persists for about one year, but some patients have seen results last for considerably longer periods.

A very cogent benefit from a liquid rhinoplasty is immediate gratification. Individuals can walk into the office with a certain degree of self-consciousness about the look of their nose and walk out with more confidence in their appearance. Keep in mind, there is a limit as to how much the nose can be altered with an injectable; however, sometimes it can be quite substantial.

Mommy Makeover

The term "Mommy Makeover" gets used a lot, but what exactly does it mean? Simply put, it's a combination of breast and body surgery to improve upon the miracles of pregnancy and breast feeding.

Most patients seek a breast lift (with or without an implant) to improve breast position, shape, and volume. Likewise, a tummy tuck (with or without liposuction) aids to help with extra abdominal tissue and skin. Thigh lifts and arm lifts are also popular procedures included in a "Mommy Makeover" since these areas undergo skin and tissue changes that are difficult for diet and exercise, alone, to get back to pre-baby shape. Lastly, don't forget about Botox and Fillers to soften lines and wrinkles caused by sleep deprivation.

Call our office at 912-355-8000 to schedule your consult with one of our 6 Board Certified Plastic Surgeons.

Before



After



What is a Breast Augmentation Mastopexy?

As time goes on, natural processes – such as gravity, aging, pregnancy, genetics, and changes in weight – can cause a myriad of breast concerns for women. Sagging and a natural loss of shape, volume, and firmness are usually the unfortunate result of these forces and can significantly change the way a woman's breasts look and feel. A simple solution exists: a single surgery of a breast lift with implants – also referred to as a breast augmentation mastopexy.



Before

After

This operation lifts the nipple to a higher position on the chest wall, while simultaneously improving breast shape and increasing volume. Because a breast lift alone is not designed to enlarge the breasts in any noticeable way, a breast lift with the addition of implants can be a method of achieving fuller, firmer, and more shapely breasts all at once.



Before

After

Gynecomastia

Gynecomastia is the development of excess breast tissue in men. This can happen due to changes in sex hormone levels, use of particular prescription and recreational drugs, conditions in certain hormone-secreting organs, or as an inherited family disposition.



Before

After

Patients often see increased chest volume during adolescence. This persists despite weight changes or exercise and can be pretty bothersome, both physically and psychologically.



Before

After

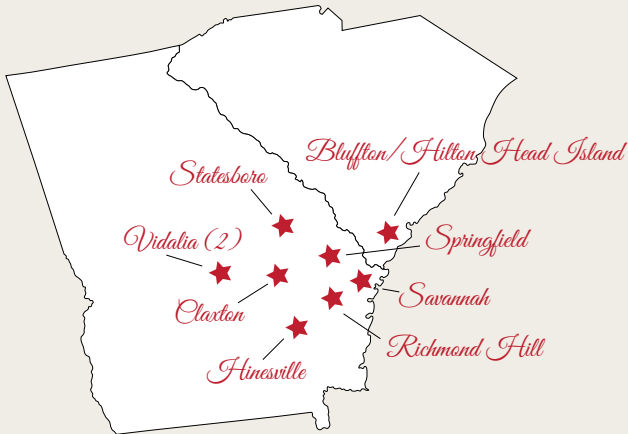
Part of our consult with these patients is figuring out if there is an underlying or reversible cause of the gynecomastia, and then determining the best surgical technique for removing the excess breast tissue to create the masculine chest shape, which usually consists of liposuction and direct excision of the glandular breast tissue. After surgery this outpatient surgery, the patient wears a compression garment/vest and are encouraged to move around the same day as surgery, and are back to full workouts within 4 weeks.



Before

After

Office Locations



Do you Hate Cellulite?

Women have struggled with cellulite “dimples” forever! Many have tried lotions, potions, and other devices to solve it. Revelle studied the problem and invented a new device – Aveli to help diminish and erase many of these dimples.

The procedure is a minimally invasive, FDA-cleared, one-time treatment for cellulite on the buttocks and thighs. Under local anesthesia, a doctor slides a handheld device beneath the skin to mechanically cut the septa, or connective-tissue bands, which pull down on the skin’s surface, contributing to dimples.

As the surgeon, you can feel a tug on the hook when you catch a band, and you can also see the dimple being pulled down. You press a button to allow the blade to come out and divide the septa. The blade is then tucked back into the hook, and the hook is passed under the tissues, confirming that the septa has been completely severed. The blade remains sharp enough to treat both the buttocks and thighs in a single session.

Ideal patients are of ideal body weight, do not have lax skin and have defined dimples. Call 912-355-8000 for an appointment.



Before



After



Before



After