



FAQ's for PORCELAIN VENEERS

Q & A.

Q. What happens to my teeth after veneers, and will I ever get cavities?

A. The integrity of veneered teeth is only marginally compromised, and the veneer is bonded to the existing teeth. There is no higher incidence of decay provided that the veneers are properly cared for as detailed above, regular brushing with toothpaste, and flossing. Keep your sugar consumption low and confined to meal times, good dental advice generally to prevent decay.

Q. How long does porcelain veneers last?

A. In my experience they can last from 7 to 20 years. While the veneer itself is inert and non-living, the tooth or teeth to which they are attached, and the surrounding gum tissues are living and may change. For example, gum line shrinkage may expose or reveal root surfaces. If a veneer comes off it can generally be rebounded. If it chips it can sometimes be rebounded or otherwise replaced.

Q. Do porcelain veneers stain with normal things like tea, coffee and wine?

A. Porcelain veneers should never stain, however if your teeth have a propensity to stain you should try to avoid or minimize the behaviors that lead to staining, and look after them as recommended above with normal hygiene and maintenance procedures.



Q. If I have my upper teeth treated with porcelain veneers will my lower teeth still be a different color, or more yellow?

A. This is certainly a factor that will be discussed during your evaluation and smile design so that everything matches and blends well. Most patients usually whiten the lower teeth with whitening (bleaching) procedures to ensure a good match.

Q. How much do veneers cost?

A. Fee structures for veneers vary from office to office, and can vary widely. An average range is \$1200 - \$2000 per tooth.

Q. Does dental insurance cover porcelain veneers?

A. Some insurance companies will cover up to 50% of the fee they deem customary. However, it depends upon what your employer has contracted for with your insurance company rather than what your dentist is charging. Don't forget that your dentist also has to pay the dental technician who actually fabricates the veneers and this is a consideration in the fee.

Q. What will my teeth feel like after Veneer?

A. Well they are smoother and glass-like. Some people experience cold sensitivity for a few days, but they act and feel like your own.



- Q. What can I eat and what foods should I avoid?
- A. You can eat most any foods but each patient has a different bite. Therefore we recommend eating softer foods the first few days until the patient gets used to the new bite position. After several weeks there is no limitation unless your case has specific needs. Most common foods to avoid are: Ice, hard biscuits, rock candy, carmeled apples, hard nuts, pumpkin seeds and popcorn.
- Q. What habits should I avoid or stop?
- A. Stop all bad teeth habits immediately, such as nail biting, straw chewing, and fork nibbling, opening bags with teeth, pulling on clothing or gloves with teeth and anything that will put undue stress on the veneers.
- Q. What happens if one of my veneers comes off?
- A. Try not to panic. Sometimes this happens although it's rare. Please try to save the veneer; it can usually be placed back on your tooth within minutes. Do NOT use crazy glue. Drug store adhesive is okay. Please call the office and we will get you in as soon as possible. If you are away from home and seeing another dentist, please have him contact us before he cements the veneer back on. Your tooth maybe sensitive to cold foods or liquids when the veneer is off.

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- Q. Can I brush and floss my teeth after veneers and do I still have to come for professional Hygiene appointments?
- A. Yes... you can brush all your teeth the same way. You can floss all the teeth with thin Glide floss, unless you have a bridge. And you should continue your regular Hygiene appointments as you have in the past.

If you have any additional questions please call our office at

212 319 6363

Thank you for visiting the New York Smile Institute