

Kornmehl Laser Eye Associates

Skin Type Assessment Quiz for IPL (Intense Pulsed Light) Treatment

Patient Name _____

DOB: ____/____/____

Genetic Predisposition						
Score →	0	1	2	3	4	Report Score ↓
What is the color of your eyes?	Light blue, grey, green	Blue, grey, green	Blue	Dark brown	Brownish black	
What is the natural color of your hair?	Sandy red	Blonde	Chestnut, dark blonde	Dark brown	Black	
What is the color of your skin (non-exposed areas)?	Reddish	Very pale	Pale with light tint	Light brown	Dark brown	
Do you have freckles on non-exposed areas?	Many	Several	Few	Incidental	None	

Total Score for Genetic Predisposition: _____

Sun Exposure Reaction						
Score →	0	1	2	3	4	Report Score ↓
What happens when you stay in the sun too long?	Painful redness, blistering, peeling	Blistering then peeling	Burns sometimes then peeling	Rare burns	Never had burns	
To what degree do you turn brown?	Hardly or not at all	Light color tan	Reasonable tan	Tan very easily	Turn dark brown quickly	
Do you turn brown within several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always	
How does your face react to the sun?	Very Sensitive	Sensitive	Normal	Very resistant	Never had a problem	

Total Score for Sun Exposure Reaction: _____

Tanning Habits						
Score →	0	1	2	3	4	Report Score ↓
When did you last expose your body to sun (or artificial sunlamp/self-tanning cream)?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than 1 month ago	Less than 2 weeks ago	
Did you expose the area to be treated to the sun	Never	Hardly ever	Sometimes	Often	Always	

Total Score for Tanning Habits: _____

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Skin Quiz Total Score	Skin Type	Features
0-7	I	Caucasian / freckles Always burns and never tans (pale white skin)
8-16	II	Caucasian / freckles Burns easily and tans minimally (white skin)
17-25	III	Darker Caucasian Burns moderately and tans gradually (light brown skin)
25-30	IV	Mediterranean, Asian, Hispanic Burns minimally and always tans well (moderate brown skin)
Over 30	V	Middle Eastern, Latin, light-skinned black, Indian Rarely burns and tans profusely (dark brown skin)
	VI	Never burns (deeply pigmented dark brown to black skin)

Report Skin Quiz Total: _____ Skin Type: _____ Physician Diagnosed Skin Type: _____

IPL Consent Form Signed? Yes No

Pre-IPL Instructions Received? Yes No

- I attest hereby that I have answered the above questions to the best of my knowledge.

Patient Signature

Date

Ernest W. Kornmehl, M.D.

Date